

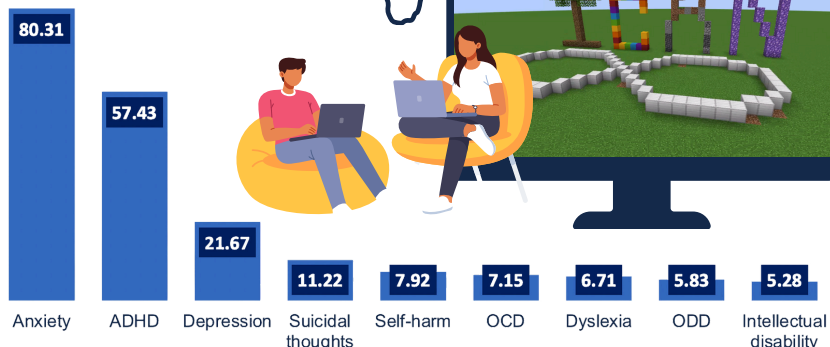
# SOCIAL IMPACT REPORT 2023

## I CAN ONLINE

In 2023, I CAN Online delivered 230 online mentoring programs over five six-week cycles and two school holiday programs, engaging 908 autistic and neurodivergent young people across Australia. Our I CAN Online mentoring programs welcome autistic young people with one or more co-occurring conditions.

The three most common co-occurring conditions are anxiety (80%), ADHD (57%) and depression (22%)

Proportion of online mentees

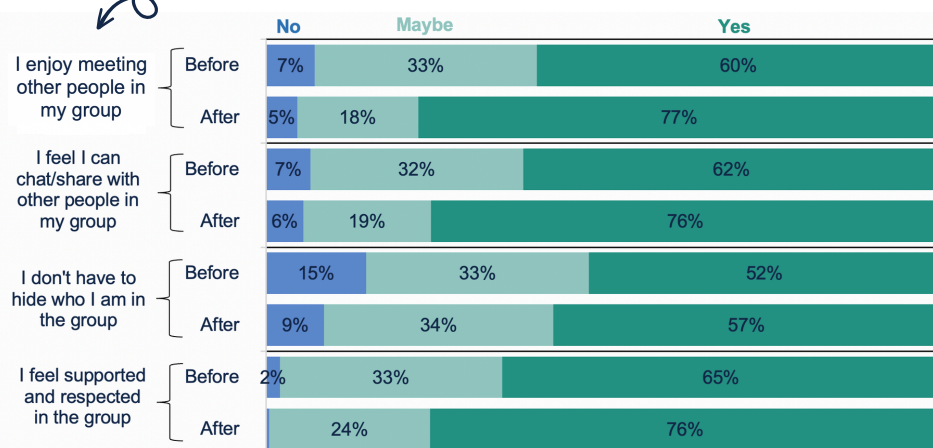


### CO-OCCURRING CONDITIONS AMONG PARTICIPANTS

### CHANGES AMONG PARTICIPANTS (I CAN MENTEES)

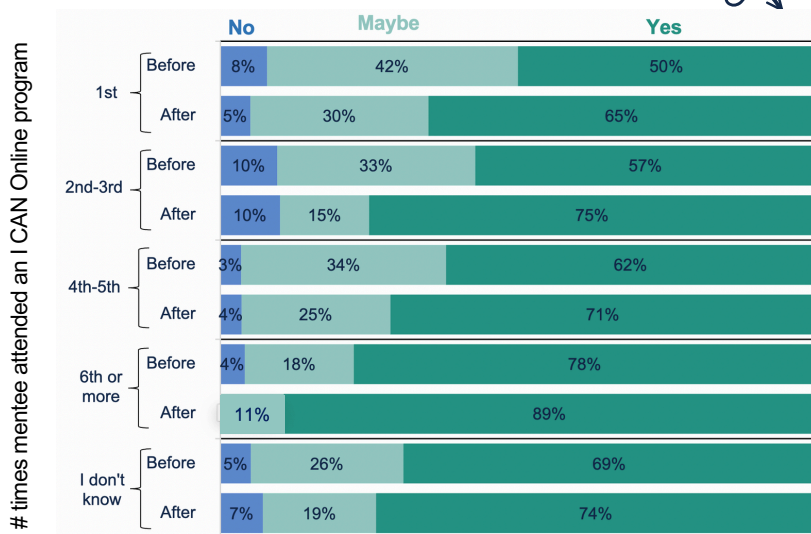
The most significant changes can be found in how mentees interact with each other, with a:

- 17% increase in social connection;
  - 14% increase in communication;
- Other changes include:
- 5% increase in self-acceptance;
  - 11% increase in program environment.



N=236-249 for before and N=209-218 for after, pooled from 36 programs

### I FEEL I CAN CHAT/SHARE AMONG THE GROUP



N=29-64 for before and N=28-60 for after, pooled from 36 programs

Repeated participation of I CAN Online Mentoring Programs led to sustained positive changes in communication skills among mentees:

- First-time mentees show a 15% increase in their communication skills.
- Repeat participants are more able to communicate with other people, shown by an increase in the proportion of 'Yes' responses before the program.

I CAN Online Mentoring Programs are promoting positive, sustained change in a group of highly vulnerable Autistic and neurodivergent young people across Australia. These programs provide a scalable solution to improve the lives of Autistic and neurodivergent young people across Australia